

## **Mentorship in 15 languages**

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### **What is a mentor**

We have all meet another person who has become important for us by being together with and talking to that person. For instance a teacher, a friend or a family member. Such a person is called a mentor.

A person who receives support from a mentor is called a mentee. The mentor listens and creates a space for reflection by asking questions. A mentor and a mentee are equal interlocutors. Both the mentor and the mentee learn something by talking to each other. It is the mentee's needs that set the agenda for the conversations.

### **Why choose a mentor**

A mentor relation is a way of helping a person so that the person can help himself/herself. A person that chooses to have a mentor is not weak or helpless. On the contrary, it requires personal energy to establish a mentor relation whether you are a mentor or a mentee.

There are different reasons for choosing a mentor. You can discuss professional or personal problems with an experienced person, be interested in expanding your network or learning something specific about a certain area. For instance, some corporate managers choose to have a young mentor because they want to enhance their communication skills with their young employees.

You can choose to have a mentor if you for instance want to start your own firm and wish to discuss your thoughts and ideas with a person who is self-employed. You can also ask a mentor, who has experience in taking an education and a job, questions regarding education or employment. In short, a mentor can support you in learning more about yourself, your opportunities and the society you live in.

### **Why use the Mentor Service**

The Mentor Service has 21 vigorous and dedicated mentors who have found their way into the Danish society. They can talk to you in Danish or/and another language. Therefore, you do not have to wait to get a mentor until your Danish skills have improved. If you speak one of the 18 languages that are represented in this mentor body, you can choose a mentor already now to achieve your goals quicker.